

SPRING & SUMMER PROGRAMMING - PAY AS YOU SPRING PLAY (PAYP) SCHEDULE

**Vale Health & Wellness Centre - Rink 1
*effective April 29 - August 31**

	Monday	Tuesday	Wednesday	Thursday	Friday
Rates Preschool - FREE Students - \$3 Seniors - \$3 Adults - \$4 Family - \$10 (max 5 participants; at least 1 adult 18+) 50+PAYP - \$3 Open PAYP - \$5 *Stick & Puck, *Parents & Tots \$5 - adult & child; \$3 each additional child (10 years & under must be accompanied by an adult 18+)	SR & ADULT SKATE 9:30 - 10:50 a.m. OPEN PAYP 11 a.m. - 12:20 p.m. PARENTS & TOTS 1 - 2:20 p.m.	Ice Maintenance CHILD STICK & PUCK 3:30-4:50 p.m.	50+ PAYP 11-11:50 a.m. SR & ADULT SKATE 12-12:50 p.m. PARENTS & TOTS 1-2:20 p.m.	PARENTS & TOTS 10-10:50 a.m. Open PAYP 11 a.m.-12:20 p.m.	SR & ADULT SKATE 9:30 - 10:50 a.m. 50+ PAYP 11 a.m. - 12:20 p.m. YOUTH STICK & PUCK 3:30 - 4:50 p.m.

**Vale Health & Wellness Centre - Rink 2 Floor
*effective May 7 - August 3**

			Saturday	Sunday
BALL HOCKEY 3:30 – 5 p.m. Tuesdays & Fridays		RETRO ROLL 7 – 8:30 p.m. Saturdays	PUBLIC SKATING 7 - 8:20 p.m.	PUBLIC SKATING 12 - 1:20 p.m.

YMCA – Gym A

Rates \$5 per visit/\$10 per week. Free for YMCA Members. Participants must show identification.	PICKLE BALL 1:00 – 3pm Tuesdays	PICKLE BALL 10:30am – 12:30pm (Beginner) & 7:45 – 9:45pm Thursdays	PICKLE BALL 1 - 3 pm Fridays	PICKLE BALL (Beginner/Family) 12:30 – 2:30pm Sundays
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**Sugarloaf Marina Pavilion
*effective May 22 (Weather Dependent)**

Rates \$5 per person, per day	ZUMBA 7 – 8 p.m. Mondays	ZUMBA 7 – 8 p.m. Wednesdays
	Nickel Beach & Sugarloaf Marina Pavilion *effective May 24 (Weather Dependent)	
Rates \$5 per person, per drop in. Discount for full season registration (refer to page 14 of Leisure Guide for more information)	Sunrise Yoga-Nickel Beach 7:30-8:30am Fridays	Sunrise Yoga-Sugarloaf Marina Pavilion 7:30-8:30am Saturdays